Domestic violence continues to be an ugly stain on the fabric of humankind.

Last week, Greater Cleveland was rocked by the senseless shooting deaths at a local Cracker Barrel of Kate Allen and her daughter Kerri at the hands of Kevin Allen, the husband and father. Critically wounded in the same incident was another daughter, Kali.

Kevin Allen died at hands of police in a hail of gunfire.

It was a crime that shocked northeast Ohio and made news around the nation.

How could family who lived in Strongsville, a predominately White community, have this happen?

The answer is simple: domestic violence.

It has no racial no racial or socio-economic boundaries.

In February, the bodies of 20-year-old Latasha Jackson and her 13-month-old daughter were found in an abandoned garage on Union Ave. in Cleveland. Both had been by Jackson's estranged boyfriend who then turned the gun on himself.

Lakeshia Williams, a mother of three, languished for weeks in MetroHealth hospital before succumbing to injuries suffered in a brutal sexual assault and attack by her former boyfriend.

All of these cases have one thing in common – a jealous man who refused to let go.

Domestic violence continues to be an ugly stain on the fabric of humankind.

And until out of control men get a grip, it will continue.

It’s already too late for all too many murdered women and children.